

MORNING PRAYER

TRINITY SUNDAY

MAY 30, 2021

PRELUDE: TE DEUM LAUDAMUS BY THOMAS MORLEY

OPENING SENTENCE

Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come!

Revelation 4:8

THE INVITATORY AND PSALTER

V: Lord, open our lips.

R: And our mouth shall proclaim your praise. Alleluia.

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

VENITE PSALM 95:1-7

Father, Son, and Holy Spirit one God: Come let us adore him.

Father, Son, and Holy Spirit one God: Come let us adore him.

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

***Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.***

For the Lord is a great God, *
and a great King above all gods.

***In his hand are the caverns of the earth, *
and the heights of the hills are his also.***

The sea is his, for he made it, *
and his hands have molded the dry land.

***Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.***

For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Father, Son, and Holy Spirit one God: Come let us adore him.

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

THE PSALMS APPOINTED: 146, 147

PSALM 146 *Lauda, anima mea*

- 1 Hallelujah! Praise the LORD, O my soul! *
I will praise the LORD as long as I live; I will sing praises to my God while I have my being.
- 2 ***Put not your trust in rulers, nor in any child of earth, *
for there is no help in them.***
- 3 When they breathe their last, they return to earth, *
and in that day their thoughts perish.
- 4 ***Happy are they who have the God of Jacob for their help! *
whose hope is in the LORD their God;***
- 5 Who made heaven and earth, the seas, and all that is in them; *
who keeps his promise for ever;
- 6 ***Who gives justice to those who are oppressed, *
and food to those who hunger.***
- 7 The LORD sets the prisoners free; the LORD opens the eyes of the blind; *
the LORD lifts up those who are bowed down;
- 8 ***The LORD loves the righteous; the LORD cares for the stranger; *
he sustains the orphan and widow, but frustrates the way of the wicked.***
- 9 The LORD shall reign for ever, *
your God, O Zion, throughout all generations. Hallelujah!

PSALM 147 *Laudate Dominum*

- 1 Hallelujah! How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
- 2 ***The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.***
- 3 He heals the brokenhearted *
and binds up their wounds.
- 4 ***He counts the number of the stars *
and calls them all by their names.***
- 5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.
- 6 ***The LORD lifts up the lowly, *
but casts the wicked to the ground.***
- 7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.
- 8 ***He covers the heavens with clouds *
and prepares rain for the earth;***
- 9 He makes grass to grow upon the mountains *
and green plants to serve mankind.
- 10 ***He provides food for flocks and herds *
and for the young ravens when they cry.***
- 11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

- 12 ***But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.***
- 13 Worship the LORD, O Jerusalem; *
praise your God, O Zion;
- 14 ***For he has strengthened the bars of your gates; *
he has blessed your children within you.***
- 15 He has established peace on your borders; *
he satisfies you with the finest wheat.
- 16 ***He sends out his command to the earth, *
and his word runs very swiftly.***
- 17 He gives snow like wool; *
he scatters hoarfrost like ashes.
- 18 ***He scatters his hail like bread crumbs; *
who can stand against his cold?***
- 19 He sends forth his word and melts them; *
he blows with his wind, and the waters flow.
- 20 ***He declares his word to Jacob, *
his statutes and his judgments to Israel.***
- 21 He has not done so to any other nation; *
to them he has not revealed his judgments. Hallelujah!

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

THE LESSONS

A READING FROM ISAIAH 6:1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

The Word of the Lord.

Thanks be to God.

THE SONG OF ZECHARIAH *Benedictus Dominus Deus; Luke 1: 68-79*

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.

***He has raised up for us a mighty savior, *
born of the house of his servant David.***

Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.

***He promised to show mercy to our fathers *
and to remember his holy covenant.***

This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,

***Free to worship him without fear, *
holy and righteous in his sight all the days of our life.***

You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,

***To give his people knowledge of salvation *
by the forgiveness of their sins.***

In the tender compassion of our God *
the dawn from on high shall break upon us,

***To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.***

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

A READING FROM ROMANS 8:12-17

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

The Word of the Lord.

Thanks be to God.

SEQUENCE HYMN #366: HOLY GOD, WE PRAISE THY NAME (VV.1-4)

A READING FROM JOHN 3:1-17

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born

after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Word of the Lord.

Thanks be to God.

THE SERMON

Robert Fruehwirth+

THE APOSTLES' CREED

I believe in God,

the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ,

his only son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen.

THE PRAYERS

V: The Lord be with you.

R: ***And also with you.***

Let us pray.

Our Father, ***who art in heaven
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen***

PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Justin the Archbishop of Canterbury, Michael our Presiding Bishop, Sam and Anne our Bishops with all bishops, priests, and deacons. We pray for parishes in our Diocese, especially St. Alban's, Littleton; St. Matthias', Louisburg; and St. Paul's, Louisburg. We also pray for Pastor Holman and Dickerson Chapel AME and for the Hillsborough Clergy Coalition, especially for Rev. Tony Boss of Piney Grove Missionary Baptist Church.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our President, our Congress, and our State Government.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. We pray for the work of Anathoth Community Garden and Fairview Gardens in our community.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray for the poor, marginalized, and vulnerable in Orange County and the world, especially those without access to the COVID vaccine. We pray for inmates, first responders, and healthcare workers. We pray for educators, students, and parents of school-aged children. We pray for the Episcopal Farmworker Ministry and their work in our state.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those in our parish family, especially: Mildred, Lois, Tom, Molly, Jim, Rowen & Jan, Ann, Anne, Daisy, Tom, Champe, Keyon, Andy & Barrie, Laura, Sandra, Tricia & Don, Nell, Ludie, Robert, Marion, Nancy, Jim, Joseph, Mimi, Betty, David, Robin, Carol, Becki, and Janice. We pray for those at Brookshire, both residents and staff.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, especially the veterans who are buried in our churchyard, that your will for them may be fulfilled, and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

COLLECT FOR THE DAY

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. **Amen.**

CLOSING HYMN #362: HOLY, HOLY, HOLY! (VV.1-3)

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with us all evermore. **Amen.**

This Week's Schedule

Sunday (5/30): Trinity Sunday

Worship and Formation

- **Gathering** (Worship Zoom); 9:00am
- **Morning Prayer** (Worship Zoom); 9:15am

- **Sunday Forum: The Re-Opening St. Matthew's** (Worship Zoom); 10:15am
- **Women's "Singing" Circle & Compline**; 7:00pm

Monday (5/31): Memorial Day; Office Closed

- **Education for Ministry** (Formation Zoom); 6:30pm
- **Compline** (Worship Zoom); 8:30pm

Tuesday (6/1):

- **Morning Silence** (Worship Zoom); 7:30am Gathering for Silent Meditation
- **Economics: Means & Ends** (Ed Building): 5:30pm; **registration form required**
- **Compline** (Worship Zoom); 8:30pm

Wednesday (6/2):

- **Morning Prayer** (Worship Zoom); 8:00am
- **Bishop Quiet Day** (10:00am)
- **In-Person Eucharist (Church)**; Noon; **registration form required**
- **For Those Who Live Alone** (Meeting Zoom); 5:00pm / Margaret Brill hosting
- **Choir** (Meeting Zoom); 7:00pm
- **Compline** (Worship Zoom); 8:30pm

Thursday (6/3)

- **Parish Pastoral Team** (Meeting Zoom); 5:00pm
- **Compline** (Worship Zoom); 8:30pm

Friday (6/4)

- **Morning Prayer** (Worship Zoom); 8:00am
- **Adult Bible Study Book Club** (Formation Zoom); 10:00am
- **Compline** (Worship Zoom); 8:30pm

Saturday (6/5)

- **Habitat Workday**
- **Shawl Ministry**; 9:30am **registration form required**

Sunday (6/6): Pentecost 2

Worship and Formation

- **OCIM Beef Stew Ingathering**
- **In-Person Holy Eucharist, Rite II** (church); 8:00am **registration form required**
- **Gathering** (Worship Zoom); 9:45am
- **Morning Prayer** (Worship Zoom); 10:00am

**Please mask up if you come into any of the buildings
on the church property!!**

In-Person Eucharist services are now being offered (registration form required)

We are thrilled to be able to return to the church for some small services.

- Eucharist on Wednesdays at Noon
- Beginning June 6, we are offering 8:00am in the church: Eucharist, Rite II, with music, followed by a simple "coffee hour."

May 30 Sunday Forum:

Our Vestry is responding to the CDC's dropping of most requirements around gathering in crowds and masking. Come to Morning Prayer on Trinity Sunday, May 30, and to the Forum afterwards at 10:15 to have a discussion about how we will do this as a parish. The Vestry is keen to have us regather in a multiplicity of ways that allow for different needs, always with an eye to keeping safe the vulnerable — especially children who are unvaccinated.

Save the DATE for a Parish Picnic: Sunday, June 13!!!!!!!!!!!!!!!!!!!!

The Parish Life Committee is happy to announce plans for a parish picnic on Sunday, June 13. We ask everyone to bring their own picnic lunch and a blanket or chairs and we will supply bottled drinks, water and dessert. We will begin with a short service of Holy Eucharist on the patio at 11:00am, then relax and eat before indulging in activities and games for all ages and energy levels. (Relaxing and getting reacquainted with fellow parishioners is also encouraged.) So save the date--June 13th-- and let's welcome the summer of 2021 with the joy of being together again!

Habitat for Humanity

St. Matthew's will be helping to build another house in Hillsborough this summer. We currently are signed up for three dates in June (the 5th, 12th, and 26th). If you would like more information or would like to volunteer, please contact Ellen McRae at mcraeke@aol.com or 919-630-0587.

Re-Entry House Welcome Meal Train

As the ReEntry House opens here in Hillsborough, Pastor Merrill from Hillsborough Methodist Church is organizing a Meal Train for our new neighbors as they move in, as a way to welcome them. We are hoping to provide dinners (a main and side dish) for three people for the whole month of June. The plan is to bring these meals by on the Saturday before, premade and ready to be cooked/heated/assembled as we help our new neighbors get settled.

The plan is:

- Folks signup for however many meals they can provide per week.
- Meals would be dropped off between 11:00am and 2:00pm on the Saturday before, prepped and ready to be cooked/reheated throughout the week. Before delivering, folks would need to give Tommy Green or William Elmore a call, just to make sure someone is at the house to receive them.
- The house is off Carolina Loop, just out 70 toward Durham, so it is fairly convenient for folks to get there.

All the details, contact information, and location are in the signup. Thank you for any help you can give. The mission of Reentry House Plus (a nonprofit organization) is to assist formerly incarcerated people to reintegrate back into the community as healthy, productive citizens. The organization believes in second chances and is committed to doing their part to ensure that people receive the support, skills, and encouragement they need to rebuild their lives.

Here is the signup:

<https://www.signupgenius.com/go/20F0D48ACAC22A5FC1-reentry>

About the Episcopal Farmworker Ministry (EFWM)

EFWM is a joint project of the Episcopal Diocese of East Carolina and the Episcopal Diocese of North Carolina, based in Dunn, NC. They work with agricultural workers (farmworkers, meat processing plant workers, and workers from nurseries, packing houses and poultry, swine, or livestock farms) and immigrant families in Eastern rural NC. Their ministry coordinates direct services, leadership programs, community education programs, and advocacy in support of the community. The majority of the people served live in Duplin, Harnett, Johnston, Lenoir, and Sampson counties. Since 1982, they have worked with farmworkers and their families to create a better world for the future generations. EFWM welcomes immigrants, a place for fellowship, and a place to serve others.

Faith and Arts has launched Season III of the St. Matthew's Podcast. This new season features interviews with six artists and creative folk from different mediums and practices in our community. It explores the imagination and creative presence among our own community as we continue to quarantine and discussing how each artist's particular faith experience informs and connects to their artistic work. Listen to Kim interview photographer Holden Richards, poet Jerry Eidenier, baker Mary Rocap, woodworker Domenic Tiani, painter Hunter Taylor, and iconographer, Mimi Games. <https://stmatthewshillsborough.org/podcast/>

Orange Congregations In Mission

Providing Beef Stew to Orange Congregations in Mission Food's Pantry is a commitment St. Matthew's has made and kept for years now. Bring your donated cans to the church anytime. Drop them in the basket under the alcove of the Hayden Building or leave them by one of the doors. Thank you for helping us reach our May goal of 175 cans.

Forward Day by Day Devotionals are available for purchase on the table in the Parish House foyer for \$1.00. These booklets, issued quarterly, offer opportunity for daily reflection on the Christian life. The current booklet runs for May, June, and July.

PRAYER LIST

We pray for all who are sick, or in any need or trouble, remembering especially the following members

of our parish family: Mildred Pruessing, Lois Horn, Tom Vail, Molly Zaragoza, Jim Fesperman, Rowen & Jan Grant, Ann Burdette, Anne Weaver, Daisy Huffman, Tom Sinn, Champe Davis, Keyon Hutson, Andy & Barrie Wallace, Laura Middlebrooks, Sandra Poffenbarger, Tricia & Don Hill, Nell Schrader, Ludie White, Robert Locke, Nancy Harris, Jim von St. Paul, Jean Bartholomew, Joseph Riddick, Mimi Games, Betty Wolfe, David Arcus, Robin Arcus, Carol Parrent, Becky Horne, and Janice Stratton.

And these others for whom our prayers are desired: Melanie Maupin, Betsy Zaragoza, Harry Dula, Arnold Thomas, Gail Clifford, Erin Vaughan, Bob Caldwell, Baylor Pisano, John Charton, Lucy Gradowski, Ken Foland, Savannah Fonvielle, Colleen Paisley, Ben Mueller, Richard Haase, Chip Joyner, John Logan, the Spurlocks, the Tuckers, Anna Lawrence & Dan Bass, Fred Edoughs, Timothy, Bob, Laura Merrill, Jeannine Beardslee, Brooke Harnisch & Dan Roberts, Amy, Evelyne Accad, Amalia, Maddie Powers, Allie, John & Rachel Hougom, Richard Stevens, Mary Beth, Karl & Janice Eicher, Knox Efland, Coleman Sale, Boardman Lloyd, the family of Chris Knotts, Bill, Chris Graebner, Michael Thompson, Andy, Drew, Sean Turnell, Sally Weaver, Steve Thomas, Alex Thomas, Joe Barnes, Tony Boss, Millie Hinkle, Cyndi

Martin, Joanna Huacani, the Wiley family: Amanda, Hayes, Julianna, and Jasper, Naomi Swainey, Maggie Malone, Benny Whitted, and John Hougom.

We pray for all doctors and nurses, service workers, inmates, and the unemployed. We pray for educators, students, and parents of school-aged children.